

# BRAIN BRIEF PROFILE

Your brain's preferences  
(not necessarily your behavior)  
**in focus, decisions, and drive**

For: **Lize Rech**  
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## Focus:

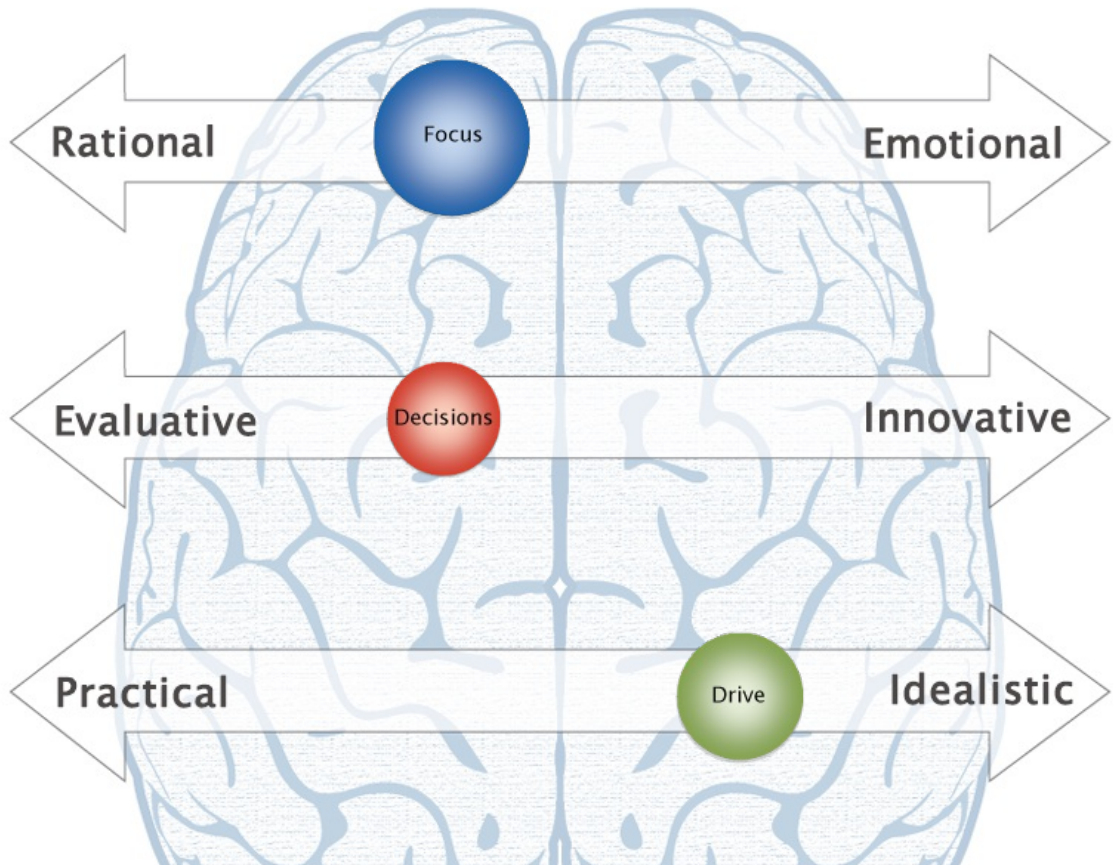
your brain is better at collecting rational data (vs. perceiving emotions).

## Decisions:

your brain prefers careful evaluation (vs. risk taking).

## Drive:

your brain prefers considering long terms goals (vs. pushing for practical actions).



Brain Style: The Strategist.

The "Strategist's Brain" approaches new situations with strong logic (sometimes to the point of ignoring emotions). Are you giving your brain enough data? These brains like to evaluate risks carefully - how are you using this capacity? This Brain Style is motivated by the long-term and the potential; do you "feed" your brain with enough vision? Do you recognize yourself? If not, you may not be using all your brain's strengths...

See *The Brain Brief Interpretation Guide* for more. <http://6sec.org/bbigint>

Asset: Decision Making

Your EQ Brain Style helps you choose a direction that's viable and effective.

Opportunity: Health

You can leverage your brain style to create more physical and emotional vitality.

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For more on the Brain Brief and next steps, contact your provider at the email above, and visit for free resources. <http://www.6seconds.org/brain>