

BRAIN DISCOVERY PROFILE

For: Lize Rech **Date: June, 17 2019**

Execution Time: 7:28(mm:ss)

Focus:

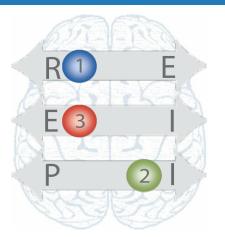
your brain is better at collecting rational data (vs. perceiving emotions).

Decisions:

your brain prefers careful evaluation (vs. risk taking).

Drive:

your brain prefers considering long terms goals (vs. pushing for practical actions).



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Lowest Scores **Highest Scores VISION RISK TOLERANCE** Seeing the long-term meaning. Accepting the unknown potential. **PRIORITIZING COLLABORATION** Seeing and sorting possible paths. Creating harmony between people. **REFLECTION PROACTIVITY** Pausing to assess. Acting based on internal drive.

DECISION MAKING

Capacity to select the most effective option



HEALTH

Capacity to maintain optimal physical energy and functioning



Reflection:

The brain has powerful "apps" to access and use data — blending rational and emotional insight. How has this capability helped you solve problems and make highly effective decisions? How can you fully leverage this capability? Emotions drive people, and people drive performance. How are you using your "Brain Talents" to be highly reliable in creating good results?

This profile was provided by: Jayne Morrison < jayne@6seconds.org> Please click on this link to download a one-page

BDP Guide: http://6sec.org/bdigint

